

# Pike County Health Department

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HomeCare



Across Illinois

## News Release – Status of the COVID-19 Virus in Pike County, IL

FOR IMMEDIATE RELEASE  
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**Pike County, IL** – As of 7/10/2020, there are four active Novel Coronavirus (COVID-19) cases in Pike County. That brings the total number of people in Pike County that have contracted COVID-19 to six individuals, two of those individuals have since recovered. Pike County Health Department (PCHD) has 49 people who are under voluntary quarantine due to being close contacts of someone that has tested positive for the virus.

When someone is diagnosed with COVID-19, a local health department, such as PCHD, will start the “contact tracing” process. The health department will ask the COVID-19 positive individual about anyone they have been in “close contact” with. The CDC defines “close contact” as being within approximately 6 feet of someone with COVID-19 for at least 15 minutes or having direct contact with infectious secretions from someone with COVID-19 (e.g., being coughed on). The health department will then contact the “close contact” and ask them to quarantine for fourteen days from the last date they were in contact with the COVID-19 positive individual.

So what can you do? Please remember to:

- Wash your hands with soap and water for at least 20 seconds – especially after you have been in a public place, or after blowing your nose, coughing, or sneezing. Avoid touching your eyes, nose, and mouth with unwashed hands.
- Avoid close contact with those that are sick.
- Stay home as much as possible.
- Put as much distance between yourself and other people as possible. Remember that some people without symptoms may be able to spread the virus.
- Cover your nose and mouth with a cloth face covering when around others.
- Cover your coughs and sneezes with a tissue, then throw the tissue away and wash your hands.
- Clean and disinfect frequently touched surfaces daily.

For more information, go to [www.cdc.gov/covid19](http://www.cdc.gov/covid19) or <https://dph.illinois.gov/covid19>

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