

**Pike County Health Department  
Program Plan FY - 19**

PIKE COUNTY HEALTH DEPARTMENT  
Public Health – Services - Functions

Public Health

- Prevents epidemics and the spread of disease
- Protects against environmental hazards
- Prevents injuries
- Promotes and encourages healthy behaviors
- Responds to disasters and assists communities in recovery
- Assures the quality and accessibility of health services

Essential Public Health Services

- Monitor health status to identify community health problems
- Diagnose and investigate health problems and health hazards in the community
- Inform, educate, and empower people about health issues
- Mobilize community partnerships to identify and solve health problems
- Develop policies and plans that support individual and community health efforts
- Enforce laws and regulations that protect health and ensure safety
- Link people to needed personal health services and assure the provision of health care when otherwise unavailable
- Assure a competent public health and personal health care workforce
- Evaluate effectiveness, accessibility, and quality of personal and population based health services
- Research for new insights and innovative solutions to health problems

Core Public Health Functions

- Assessment
- Assurance
- Policy Development

(“The Public Health Workforce: An Agenda for the 21<sup>st</sup> Century” Full report of the PH Functions Project, Dept. of HHS, PHS, 1997)

## I. ADMINISTRATION

### GOAL:

Provide quality programs in Public Health, Environmental Health, Home Health and Oral Health through a well organized and adequately financed health department to prevent death, disease, and disability of Pike County residents through the provision of these programs.

1. Assist Board of Health and County Board in developing strategies and plans to assure it is meeting its mission and responsibilities while maintaining financial stability.
2. Continue to explore and pursue appropriate grant and program funding opportunities as appropriate to health department mission to sustain and expand services/programs for citizens of Pike County
3. Work with local and state officials, the Administrator's Association (IAPHA), and others to advocate for adequate funding of programs, grants, and services.
4. Retain and recruit qualified staff to provide health department services/programs as needed, providing opportunities for professional and workforce development.
5. Assess overall agency staffing. Assure efficient utilization of personnel. Cross-train, re-assign, and hire to meet department needs.
6. Work with other service agencies as well as the community to promote collaborative efforts to maximize use of funding and staff.
7. Stay informed of local, state and national priorities and programs and take active leadership with outside organizations.
8. Work with Home Health staff to assure compliance with Home Health program mandates and state and federal rules and regulations.
9. Continue to assess and respond to changes in Home Health and assure Pike County residents have continued access to quality care while maximizing Home Health revenues.
10. Work with Home Health staff to develop and implement Home Health marketing strategies to promote public and provider knowledge of services and client choice of services when needed.
11. Work with Environmental Health and Communicable Disease staff to assure compliance with mandated Local Health Protection Grant Program requirements (Food, Water, Sewage and Infectious Diseases).

12. Work with Environmental Health staff to promote public education to increase public knowledge and understanding of Environmental Health programs.
13. Work with Public Health staff to assure compliance with grant programs and state and federal rules and regulations.
14. Work with Public Health staff to develop and implement strategies to market and implement Public Health programs and outreach to current and potential clients.
15. Work with Dental staff to assure high quality oral health services are provided efficiently and follow state and federal rules and regulations.
16. Continue to explore and pursue grant funding opportunities appropriate for the Safety Net Dental Clinic to sustain services for the Medicaid population.
17. Work to upgrade preparedness for and response to Bioterrorism, outbreaks of infectious disease, and other public health threats and emergencies.
18. Use available technology in all programs and related training for staff with appropriate technology management and updates.
19. Work with Department Managers to review and update all program policies and procedures annually and as needed and assure compliance with state and federal rules and regulations, including but not limited to OSHA, HIPAA and FOIA.

## II. Communicable Disease

### GOAL:

Prevent and control vaccine preventable diseases; provide immunizations; maintain high immunization rates; identify and track emerging infectious diseases; identify and investigate outbreaks; investigate food/waterborne outbreaks; monitor reportable communicable diseases; and collaborate with HCP to ensure patients receive proper treatment of infectious diseases.

1. Emphasize immunization protection throughout the life span. Maintain /increase immunization levels. Follow CDC guidelines for recommended vaccinations for all age groups.
2. Provide immunization clinics for children and adults at Pike County Health Department, including evening clinics. Provide special clinics as indicated. Provide clinics in communities, if appropriate. Provide flu clinics annually.
3. Expand immunization billing options, i.e. VFC program, Medicaid, Medicare, private insurance, employer wellness programs, etc.

4. Educate public and advocate at local, state, and national levels to increase awareness of need to prevent communicable disease/vaccine preventable disease and maintain/increase immunization levels.
5. Publicize clinics by news releases, radio announcements, social media and PCHD web site.
6. Strive to attain 90% percent of infants immunized with emphasis on Healthy People 2020 initiative.
7. Focus on strong immunization coverage of all infants followed by this department. Provide immunization clients with a card reminder/recall for necessary scheduled immunizations. Collaborate with other PCHD programs (i.e. WIC, FCM) to ensure immunization of clients.
8. Encourage disease reporting and conduct follow-up of all reported or known cases of communicable disease. Complete required reporting in a timely manner. Report communicable disease electronically to the state.
9. Encourage reporting and provide follow-up for suspects and contacts to persons with reported sexually transmitted diseases. Ensure proper treatment of STDs. Refer requests for HIV and other STD testing to appropriate sites. Offer urine chlamydia and gonorrhea testing to both males and females through family planning program.
10. Provide other health care providers, school nurses and other agencies with regular updates on communicable diseases/vaccine preventable diseases.
11. Provide recommended vaccines, including annual flu vaccine, to health department staff as needed. Collaborate with other workplaces/agencies to provide necessary vaccinations for their employees.
12. Collaborate with local health care providers to assure program activities are carried out in accordance with Rules and Regulations for Control of Communicable Disease.
13. Collaborate with IDPH and Emergency Response personnel in Pike County on bioterrorism and other emergency preparedness activities.

### III. Child Health

#### GOAL:

Provide programs for children to promote health and wellness; monitor growth and development; and identify health and social needs and make appropriate referrals.

1. Provide case management services to infants and children who are age and income eligible, to APORS infants, and referred DCFS children as per guidelines.
2. Provide outreach and intake services to pregnant/post partum women, infants, and children who are age and income eligible for WIC/FCM.
3. Continue follow-up of high risk babies identified through APORS to age 2 years.
4. Provide Healthy Kids physicals through WIC and during Family Case Management home visits according to FCM grant guidelines.
5. Continue integrated WIC/FCM clinics and collaborate with other programs as fully as possible through Project Cornerstone.
6. Utilize staff who are lactation counselors and educators to increase percentage of infants being breastfed. Work through the WIC and Family Case Management programs to promote breastfeeding.
7. Utilize WIC Breastfeeding Peer Counselors (hired and trained) to increase percentage of breastfed infants (initiation, duration, and exclusivity) and to increase the number of Peer Counselor contacts per client, especially during the first week after birth. Provide breastfeeding education, encouragement, and support for anyone requesting such.
8. Continue screening and follow-up for elevated lead levels following protocol for mandated rules and regulations.
9. Continue pre-school vision and hearing screenings as required by grant.
10. Administer Lions Club eye exam and glasses program for children.
11. Cooperate with other agencies and physicians to provide quality child health assessments, follow-up, and referral.
12. Continue referral efforts to increase number of children in county covered by health insurance through Get Covered Illinois.
13. Provide follow-up to Newborn Hearing Screening Program by outreach, education and referral to newborns who have not completed the screening or who have not successfully passed the newborn screening.

#### IV. Health Promotion/Chronic Disease Prevention

##### GOAL:

Collaborate with community partners to assess the health needs of the county, identify priorities and implement health promotion/disease prevention programs as funding and staffing allows.

1. Collaborate with other organizations/providers as appropriate, to promote health/wellness and to address access to health care/social services; mental health; ATOD/opioid use; obesity/nutrition/exercise.
2. Promote the Illinois Breast and Cervical Cancer program with appropriate referrals to the Hancock County Health Department (lead agency).
3. Promote the IL Tobacco Quitline, through educational opportunities in the community and through all PCHD programs. Continue to work with Pike County States Attorney to provide ~~and~~ enforcement of the Smoke-Free IL Act.
4. Continue to use collaborative community partnerships to accomplish goals with a special emphasis on the sustainability of the Pike County Community Health Partnership.

#### V. Home Health

##### GOAL

Provide the highest quality home care with well-trained, knowledgeable staff.

1. Continue present home health services and ongoing community education regarding home health.
2. Continue speech therapy, physical therapy, and occupational therapy services through service agreements.
3. Continue Home Nursing and Home Services programs.
4. Continue contracting with Blessing Hospice to provide PCHD home health aide services for hospice patients.
5. Monitor home health visits, caseload and staffing to match Medicare reimbursement levels while maintaining quality patient care.
6. Monitor billing processes and provide training as needed.
7. Implement and maintain an effective, ongoing data-driven Quality Assurance/Performance Improvement program.

## VI. Maternal Health and Family Planning

### GOAL:

Assure women of child bearing age have the optimum chance for wanted pregnancy, successful outcome of pregnancy, and adequate preparation for delivery and the motherhood role. Encourage increased involvement of father in the role of preparation for parenthood.

1. Provide education regarding maternal health and family planning to schools and community as requested and funding allows.
2. Increase public awareness of WIC/FCM and Family Planning programs.
3. Provide WIC/Family Case Management services to all eligible women including prenatal education, postpartum follow-up, and discussion of reproductive health plans.
4. Collaborate with physicians and social service agencies to encourage their clients to obtain healthcare early in pregnancy.
5. Provide family planning counseling through health department programs with referrals to Pike County Health Department Family Planning Clinic.
6. Increase number of males receiving Family Planning services by offering urine chlamydia and gonorrhea testing and by offering male physical assessments as needed.
7. Refer to Adams County Health Department Lead Agency for Better Birth Outcome program in efforts to decrease the incidence of infant mortality and morbidity resulting from lack of adequate prenatal care; 2) improve pregnancy outcomes; and 3) reduce the incidence of prematurity and low birth weight

## VIII. Oral Health

### GOAL:

Encourage the population at risk to change attitudes and habits through the practice of regular self-help measures related to oral hygiene, and to seek professional care on a routine basis.

1. Continue to operate, and increase efficiency and sustainability of the Pike County Dental Clinic.
2. Maintain National Health Service Corp status.
3. Recruit and retain qualified dental health professionals to provide oral health services through the Pike County Dental Clinic.



4. Increase understanding and education of oral health as it pertains to overall health.
5. Continue to encourage oral health education programs at schools. Assist schools in meeting required dental exam mandates as appropriate.
6. Provide pre-school dental education as requested and as funding and staffing allows.
7. Screen for dental caries at routine health exams and provide oral health education during routine appointments (WIC/FCM visits). Make referrals as appropriate.
8. Provide patient and family education regarding tobacco and smokeless tobacco dangers as requested.
9. Recognize community efforts regarding fluoridation of public water supplies. Educate community on need for adequate fluoridation as requested.
10. Encourage dental care for elderly during in-home home health visits and refer appropriately.

## IX. Vital Statistics

### GOAL:

Prepare and maintain records and reports for effective operation.

1. Keep updated on new requirements.
2. Utilize statistics to help determine program needs.
3. Provide statistical data as needed in the county.

## X. Tuberculosis

### GOAL:

Maintain programs to reduce incidence and spread of Tuberculosis in Pike County.

1. Educate public on risk and transmission of TB.
2. Provide TB skin testing on a regular basis at the health department.
3. Provide TB education and consultation to hospital, private health care providers, long term care facilities and jail. Provide tuberculin skin testing solution to agencies requesting it.
4. Collaborate with named physician/physician group through contractual agreement. Refer those clients with positive TB skin tests for follow-up.

5. Follow CDC recommended TB treatment and care guidelines for those with active TB and LTBI. Follow IDPH Control of Tuberculosis Rules and Regulations policies. Assist clients as *payer of last resort* on a case-by-case basis.
6. Provide contact testing/tracing investigation and follow-up. Provide Directly Observed Therapy (DOT) for TB medications if necessary for active TB or LTBI cases.

## XI. Environmental Health

### GOAL:

Prevent illness related to food, water, and improper sewage disposal. Educate public on rules and regulations related to environmental health. Work with the county to assure success of Administrative Code Hearing Unit.

#### 1. Food Protection Program

- a. Inspect all establishments as required by IDPH.
- b. Follow-up all inspections as indicated.
- c. Provide food safety training to businesses and residents, as funding allows.
- d. Continue scheduling plumbing inspections for all county food establishments and assuring compliance.
- e. Comply with Illinois Department of Public Health standards in all aspects of the program.
- f. Provide educational programs to schools to promote food sanitation, as requested and as funding and staffing allows.
- g. Inspect temporary food vendors as required and work on developing improved policies and procedures.
- h. Implement the new FDA Food Code per IDPH rule-making.
- i. Use the new PCHD Facebook page as a vehicle for providing current and topical information on food safety for residents.
- j. Promote allergen training by up-grading staff expertise and through inspection procedures.

#### 2. Potable Water Supplies

- a. Educate public and contractors in need of water well permit prior to starting project.
- b. Conduct water supply permit and inspection program.
- c. Maintain records which document inspections and recommendations for correction on all private water supplies for which inspection requests have been received.
- d. Administer abandoned well sealing program.
- e. Interpret and forward all private water sample reports.
- f. Continue working with hunting businesses and other semi-private water supplies to assure potable water is provided to the public per Sanitary Facilities Practice Act.
- g. Continue promoting preparedness education for emergency water situations, boil orders and outages. This year we are scheduling a workshop(s) for local water operators and elected officials involved with PWS's

3. Private Sewage Disposal

- a. Work closely with contractors and home owners to promote the construction and maintenance of private sewage disposal systems according to the private sewage Licensing Act and Code/Illinois Revised Statutes. There have been revisions to the State Private Sewage Code and we will work to incorporate these into our permitting program.
- b. Our pre-application system now requires a site visit prior to issuing a septic permit or a building permit. The State is requiring soil evaluations for all sewage permit loading rates so we will meet with the contractor, the project owner and the soil evaluator to establish a preliminary area for an approved private sewage disposal system and obtain an assurance this area will not be disturbed in any way during construction activities.
- c. Obtain from each permit owner a written assurance they will follow the new guidelines for maintenance of all new systems.
- d. Investigate all sewage complaints as required by local ordinance and IDPH.
- e. Continue development of a real-estate transfer inspection program.
- f. Continue co-sponsoring an annual educational program for contractors.

- g. Develop a policy for assuring travel trailers are equipped for approved private sewage disposal.

4. Solid Waste Program

- a. Promote recycling and continue to work with Pike County Access Illinois to provide assistance for their solid waste and recycling programs.
- b. Continue promoting and assisting, as needed, with the County Free Landfill Days, one in the spring and one in the fall.
- c. Assist the county, as requested, in their work to promote citizen use of benefits provided in the new host fee agreement.

5. Nuisance Control

- a. Serve as County Health Officer in unincorporated areas as per Pike County Nuisance Ordinance.
- b. Offer assistance, upon request, to incorporated areas for health related issues.
- c. Seek new sources of revenue to help fund our work in this program.
- d. Continue to work with PCEDC to develop a series of meetings for elected officials to promote information sharing and ordinance use to promote safe communities.

6. Tanning and Body Art

- a. Inspect tanning facilities and body art salons in Pike County following IDPH rules and regulations.
- b. Promote public knowledge of IDPH tanning program and body art program requirements and also the possible negative health effects of tanning.
- c. Continue to promote training for tanning salon and body art salon operators and interested individuals as requested and as staffing and funding allows.
- d. Continue to coordinate complaint inspections with local law enforcement agencies.
- e. Prepare and distribute informational tanning brochures to parents of high school students

7. Smoke-Free Illinois Program

- a. Conduct random consultations and inspections as instructed by IDPH.

- b. Investigate all complaints and provide enforcement as necessary.
  - c. Provide information to the public on indoor air concerns.
8. Continue to update health department website to provide resources to educate residents on environmental health issues as well as providing forms and information to the businesses we regulate.
  9. Continue educating the community about mosquito borne illnesses and provide dead bird surveillance as required through West Nile Virus Surveillance and Education grant funding. Work with incorporated areas to help coordinate community wide understanding on locally significant breeding sites and how to prevent or control mosquito breeding.

## X. Emergency Preparedness

### GOAL:

To protect the health and safety of Pike County residents by enhancing emergency response capabilities.

1. Work with local government officials and cooperating private or volunteer organizations to; a) prevent avoidable disasters and reduce the vulnerability of citizens to any disaster that creates a local public health emergency; b) establish capabilities for protecting citizens from the effects of a local public health emergency; c) respond effectively to the actual occurrence of disasters; and d) provide for recovery in the aftermath of any local public health emergency.
2. Assess county-wide hazard vulnerabilities and capabilities in collaboration with local Emergency Management Agency.
3. Collaborate with Local Emergency Management Agency to facilitate necessary trainings, workshops, and required exercises.
4. Provide education to the public in preparedness activities.

### Evaluation:

Plan will be reviewed annually and updated as appropriate. Administrative evaluation will be prepared and presented to Board of Health annually at next meeting following close of fiscal year.

Written/revised by Anita Andress, RN, BSN, Administrator  
with input from appropriate staff.

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