# Pike County Health Department 



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PUBLIC SERVICE ANNOUNCEMENT
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## TITLE: Shingles Vaccine Available at Pike County Health Department

## CONTENT:

Shingles is a disease caused by the same virus that causes chickenpox; it's actually a reawakening of an old chickenpox infection. Shingles most often occurs in elderly people and people of any age with weakened immune systems. Common symptoms of shingles include a rash (often with blisters), usually in a band-like pattern on one side of the body; and severe pain. This rash can last from 2 to 4 weeks. Sometimes the nerve pain can last for months or years.

You can't catch shingles from another person with shingles. However, a person who has never had chickenpox could get chickenpox from someone with shingles. This is not very common.

A single dose of shingles vaccine is recommended for adults 60 years of age and older. Although the vaccine is licensed for those 50 and older, the CDC recommends waiting until age 60 to receive the vaccine, in order to decrease the chance of waning immunity as you age.

Side effects of the shingles vaccine are redness, soreness, swelling or itching at the site of the injection site, or a headache.

Pike County Health Department has Shingles vaccine available for adults 60 years and older. Medicare Part D Prescription Drug plans cover a portion of the cost of the vaccine. These plans vary on coverage. PCHD is able to bill most insurance plans and Part D prescription drug plans.

For more information and to verify Medicare Part D coverage for vaccinations, contact Nancy Halpin RN at Pike County Health Department 285-4407, extension 124.

